

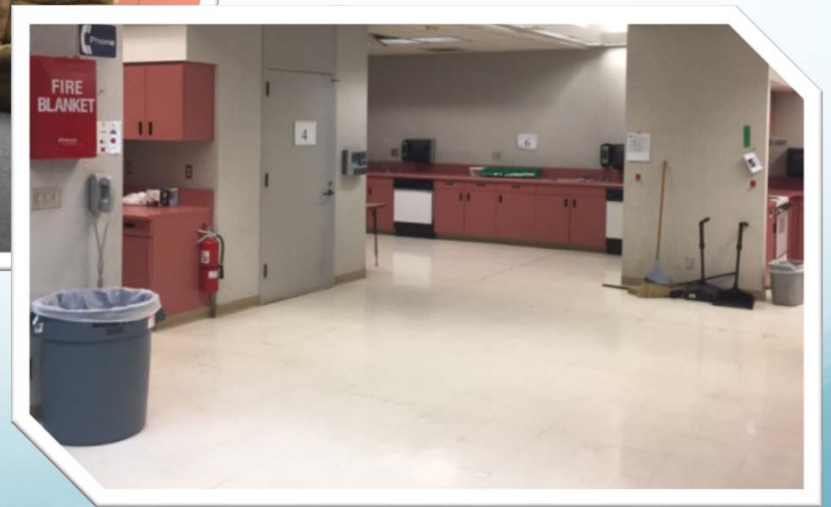
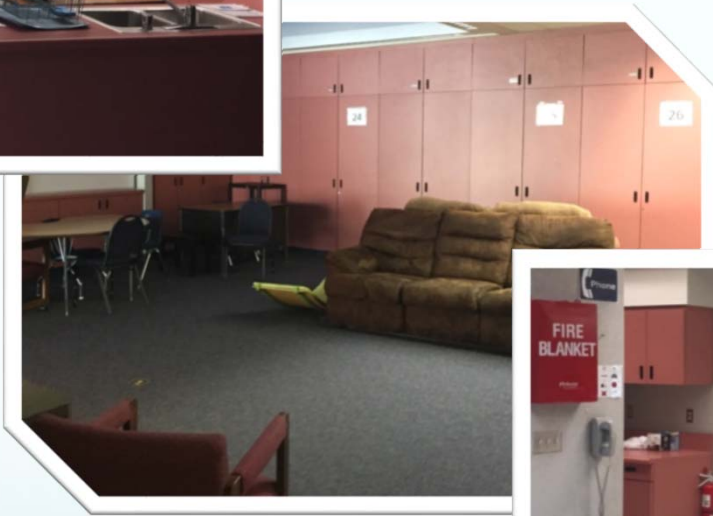


Structured Teaching Activities for Vocational and Adaptive/Daily Living Skill Acquisition

CAPTAIN X
Temecula Valley USD
Margarita MS STEPSS
Developed by: Missy Valencia, Autism
Specialist



MMS STEPSS Vocational Room



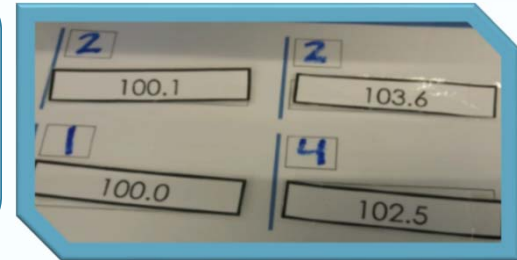


Packaging Station



1

- Order Form



2

- Containers with Sku Numbers
- Containers with Color Label



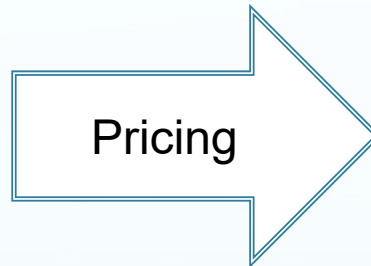
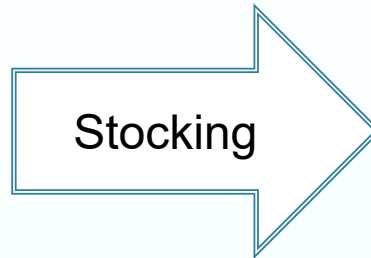
3

- Items inside containers





Simulated Grocery Store





Simulated Retail



Stocking by shoe size

Retrieving shoes for customers by size and or style.

This is a cabinet

*Tip: You can get FREE empty shoe boxes, from retailers like Payless



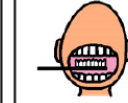




ADL Station

Activities can include: brushing teeth, washing face, combing hair, applying deodorant, washing hands, applying chapstick



Brushing Teeth

1	2	3	4	5
wet toothbrush 	toothpaste on brush 	brush teeth 	spit in sink 	rinse toothbrush 
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Tip: asking parents to supply ADL items, can help students generalize the skill to home



Kitchen Area



Kitchen Area

- Sorting Silverware
- Setting Table
- Washing Dishes
- Drying Dishes
- Discriminating if grocery goes in freezer, fridge, or cupboard.



*Remember your environments can serve multiple purposes (ie-change the tablecloth!)



Community Access

On a table-top- can be moved easily



This was an empty wall



*Multi-use! Purchasing, stocking, pricing, matching, fine motor, choice making, budgeting, etc



Home Living/Vocational



*Lacking space? This can be done on a table-top with an air mattress or mattress pad. A 6-foot table accommodates a twin sheet set.



Laundry Skills



* Consider making links with other departments that require laundry service. This provides practice for our students, and helps to build a sense of community within the school.



Washing Dishes

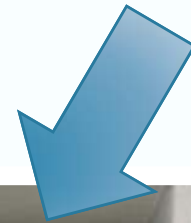


*Students can wash their own lunch materials- imagine how happy parents would be! Students can also eat family style on classroom dinnerware, and practice washing dishes following the meal.



Mail Sorting

This is a cabinet



Sorting Mail by
Last Name

OR- sort by
zip code,
address, by
matching
colors





Tabletop Activities



*Bins can be retrieved and removed, as needed



*Shredding, trash removal, vacuum (vacuum the shreds)- build community by asking staff for items to shred



*Sort by alphabet, number, dewey decimal, color, size OR gross motor, heavy work



Tabletop Activities

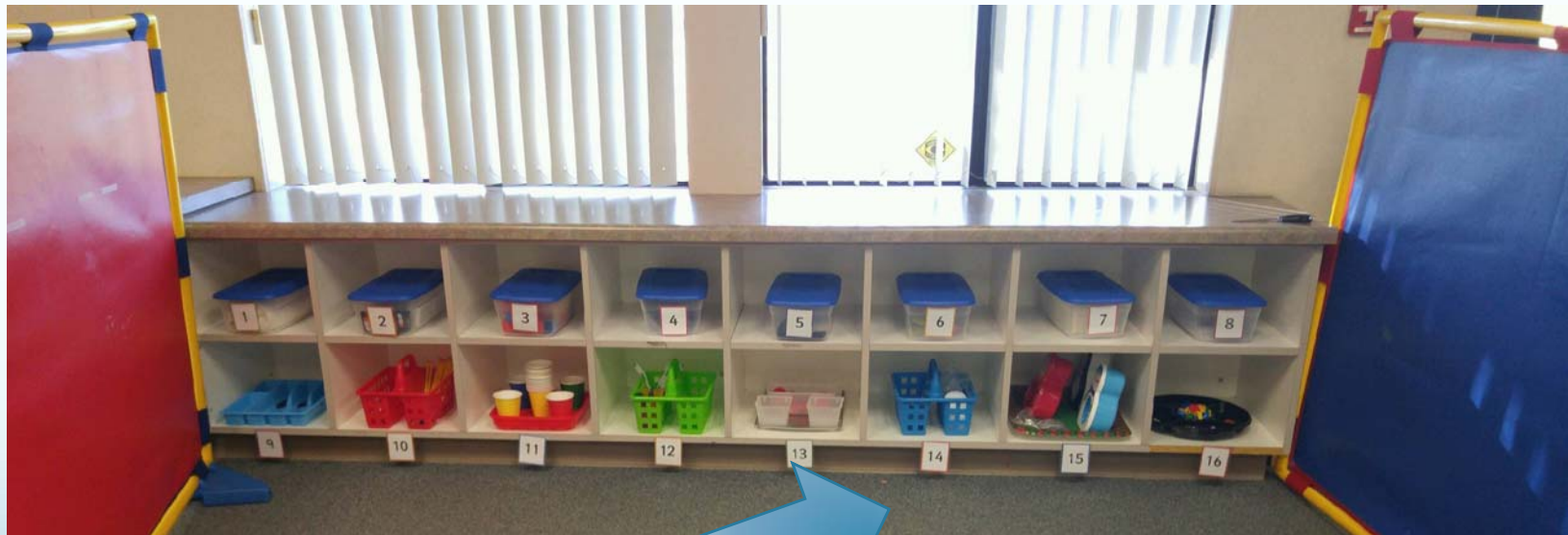


*Tabletop activities can serve both a vocational and ADL purpose. Ex-measuring can be done for a recipe or when working at a grocery/restaurant



Solutions for Limited Space

Items can be rotated throughout the course of the year. Items can be disassembled and easily stored, when not in use.



*Here we have 16 different activities. If on average, a child does 4/session, they will have 4 weeks of activities available here

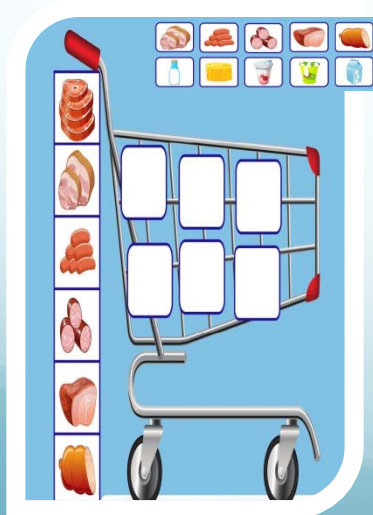


A Closer Look at Tabletop Activities



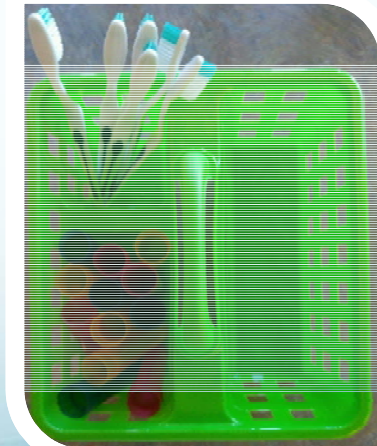
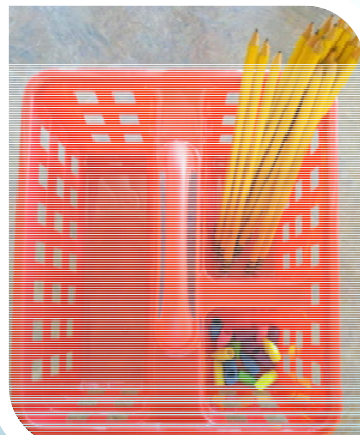


A Closer Look at Tabletop Activities





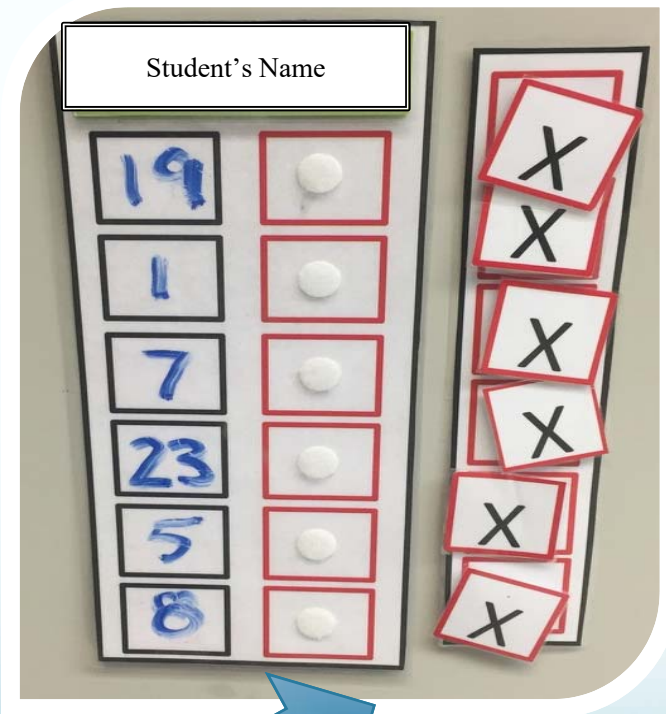
A Closer Look at Tabletop Activities





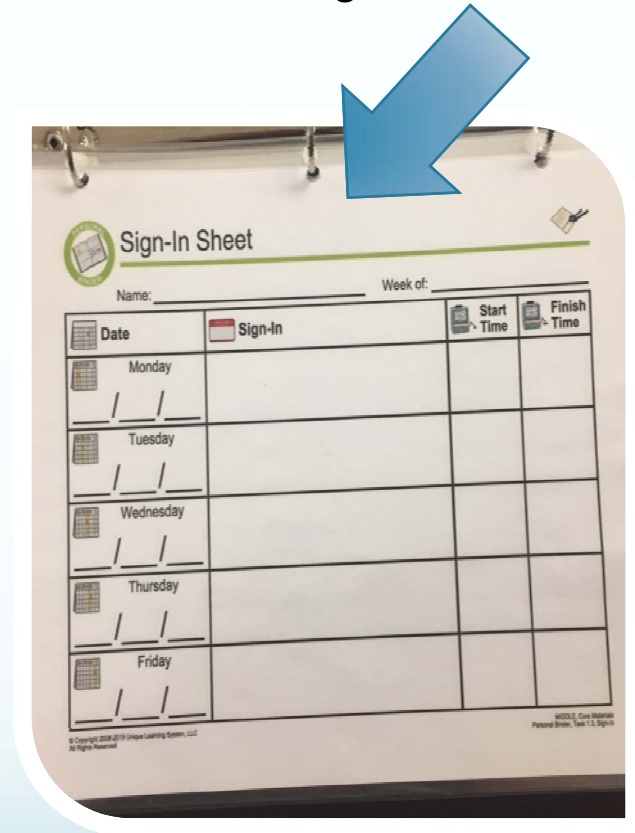
A Closer Look at Tabletop Activities





Activity Schedule

Sign-in/out Sheet





You've got this!

Any environment can be used to support Vocational and ADL skill development

