CAPTAIN X
One year later…

After attending the 2015 South Summit… we were inspired!

We made it our mission to promote the use of the 27 Evidence-Based Practices in our region with our very own CAPTAIN X products

We created our own BROCHURE

Who We Serve

Corona-Norco Unified School District

RUSD

West End Special Education Local Plan Area

DMSELPA

Riverside County Special Education Local Plan Area (SELPA)

Morongo Unified School District

Fontana Unified School District

East Valley

San Bernardino City Unified School District

Early Start Family Resource Center

Inland Regional Center

EPU Children's Center Hope Starts Here

Inyo County Superintendent of Schools

RESOURCES

CAPTAIN Website
www.captain.ca.gov

Autism Focused Intervention Resources and Modules (AFIRM)
afirm.fpg.unc.edu

The National Professional Development Center
autismpdc.fpg.unc.edu/

National Autism Center
www.nationalautismcenter.org

ASD Toddler Initiative
http://asdtoddler.fpg.unc.edu/

The Center on Secondary Education for Student with Autism Spectrum Disorders
http://csesa.fpg.unc.edu/

captainxebps@gmail.com

captain_x_

CAPTAIN X

California Autism Professional Training and Information Network
Region 10

ABOUT OUR MEMBERS:

CAPTAIN X (Region 10) is your local group of autism professionals composed of cadre members nominated by Special Education Local Plan Areas (SELPAs), Regional Centers, and Family Resource/Family Empowerment Centers. They receive training through the CAPTAIN annual summit so that they can provide local training, implementation coaching, cross agency collaboration, and dissemination of the EBPs at the local level. Cadre members have access to the National Professional Development Center on Autism Spectrum Disorder (NPDC) and CAPTAIN training materials and will assist with the statewide distribution of the EBPs by providing support and training locally.

- Corona-Norco Unified School District SELPA
- Desert Mountain SELPA
- East Valley SELPA
- Fontana Unified School District SELPA
- Jurupa Unified School District
- Riverside County Office of Education
- Riverside Unified School District SELPA
- San Bernardino City Unified School District SELPA
- Temecula Valley Unified School District SELPA
- Val Verde Unified School District
- West End SELPA
- Exceptional Parents Unlimited
- Early Start Family Resource Center
- Inland Regional Center

WHAT IS CAPTAIN X?

CAPTAIN is a multiagency network developed to support understanding and use of Evidence Based Practices (EBPs)for individuals affected by Autism Spectrum Disorder (ASD) across the state.

CAPTAIN X is a local chapter of CAPTAIN.

CAPTAIN X is dedicated to the following:

- Providing trainings, coaching, and resources in EBPs to local school districts and parents
- Emphasizing how to use EBPs to:
  - assist students in accessing the Least Restrictive Environment
  - assist students in improving social communication and social interactions
  - assist students in decreasing behavioral excesses
- Providing ongoing training, support, and technical assistance to implement EBPs and ensure fidelity of implementation
- Supporting the development of local multiagency collaborations to support consistent use of EBPs
- Providing an annual local conference that emphasizes the use of EBPs to enhance success for children with ASD at school and in the community
- Providing information and outreach to other interested stakeholders and provider groups who could benefit from learning more about EBPs

For Additional information please contact your local CAPTAIN X representative:

Corona-Norco Unified School District
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West End SELPA
Corrine Szarvas-Kidd szarvas-kidd@sbcss.k12.ca.us

Our Quarterly Newsletters

CAPTAIN X NEWSLETTER

Volume 1

WHAT IS CAPTAIN?

CAPTAIN or California Autism Professional Training and Information Network is a multiagency network developed to support the understanding and use of Evidence Based Practices for individuals affected by Autism Spectrum Disorder across the state.

WHAT ARE EVIDENCE - BASED PRACTICES (EBPs)?

Many interventions exist for autism spectrum disorder (ASD). Yet, scientific research has found only some of these interventions to be effective. The interventions that researchers have shown to be effective are called evidence-based practices (EBPs). One reason for using EBPs is because ,by law, teaching practices must be based on evidence of effectiveness.

THE CAPTAIN X NEWSLETTER

Your CAPTAIN X team will be publishing quarterly newsletters highlighting specific Evidence-Based Practices in more detail. In this issue, you will find the flyer for our 2nd Annual Regional Autism Conference and the charts featuring the 27 EBPs according to developmental domain and age.

WHO IS CAPTAIN X?

CAPTAIN X (Region 10) is your local group of autism professionals composed of cadre members nominated by SELPAs, Regional Centers, and Family Resource/Family Empowerment Centers. They receive training through the CAPTAIN annual summit so that they can provide local training, implementation coaching, cross agency collaboration, and dissemination of the EBPs at the local level. Cadre members have access to the NPDC-ASD and CAPTAIN training materials and will assist with the statewide distribution of the EBPs by providing support and training locally.

- Desert Mountain SELPA
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- West End SELPA
- Exceptional Parents Unlimited
- Family Resource Center Region 9
- Inland Regional Center

CAPTAIN X NEWSLETTER

Volume 2

April- June 2016

Be Summer Ready!

This issue features evidenced-based strategies, ready-to-use visuals and resources to make the summer season a stress-free time for individuals with autism and their families.

3 Simple Ways to Survive Summer

1. Provide structure – as much as possible, maintain a consistent wake-up time, meal time and bed time schedule to establish routine and predictability.
2. Create a calendar of activities – having a visual or written schedule will help remove your child's anxiety.
3. Praise positive behavior – remember to reinforce your child for all the appropriate behaviors such as waiting in line, sharing, taking turns and being flexible!

CAPTAIN X NEWSLETTER

Volume 2

December 2016

Holiday Edition

This issue features evidenced-based strategies, ready-to-use visuals and resources to make the holiday season a stress-free time for individuals with autism and their families.

Tips to Survive the Holiday Season:

1. Provide structure – as much as possible, maintain a consistent wake-up time, meal time and bed time schedule to establish routine and predictability.
2. Create a calendar of activities – having a visual or written schedule will help remove your child's anxiety.
3. Praise positive behavior – remember to reinforce your child for all the appropriate behaviors such as waiting in line, sharing, taking turns and being flexible!

Our 2nd Annual Autism Conference

"Preparing for Success Right from the Start"

Our Conference Flyer & Breakout Session Options

Region 10 Autism Committee and CAPTAIN X present...

The 2nd Annual Regional Autism Conference

Preparing for Success Right from the Start

Educators, Families & Caregivers of Individuals with Autism

April 19, 2016

Etiwanda Gardens
7576 Etiwanda Ave,
Etiwanda, CA 91739

$35 per person – Includes Breakfast, Lunch and Choice of 3 Breakout Sessions

Registration & Breakfast
8:00am – 8:30 am
Conference
8:30am – 4:00pm

Sign Up Early,
Space is limited!

Registration Deadline –
April 8, 2016

REGISTRATION:

http://oms.sbcss.k12.ca.us

Preparing for the future starts in preschool and continues through elementary and secondary education leading into adult life. This all day conference is intended to increase participants' awareness of the essential skills individuals with autism need for life long success. Participants will walk away from this conference with a toolbox full of evidence-based practices to support individuals with autism in becoming active members of society and achieving an improved quality of life.

KEY NOTE SPEAKERS:

Sharon Floyd, Autism Spectrum Disorder (ASD) Coordinator, East San Gabriel Valley SELPA

Kelly Londenberg, Adult with autism, Self-advocate, and an integral member of the autism community

BREAKOUT SESSIONS:
Twelve breakout sessions will be offered. Focus will be placed on using Evidence-Based Practices (EBPs) to develop essential skills for individuals with autism in:

- Preschool
- Elementary School
- Middle & High School
- Home & Community

Please send checks payable to SBCSS to the Desert Mountain SELPA, c/o Joshua Masick, 17800 Highway 18, Apple Valley, CA 92307. Purchase orders may be faxed to (760) 955-3570, attention: Joshua Masick. Cancellations will be accepted through April 8, 2016 with a full refund, but WILL NOT be issued after the deadline. In the event that the presentation is canceled, registrants will receive a full refund. For registration assistance, please call Joshua Masick at (760) 955-3570.

Breakout Session 1 (PLEASE NUMBER 1-4 IN ORDER OF PREFERENCE)

- ☐ How Do I Teach This Kid! Establishing Behavioral Control: Utilizing Reinforcement to Educate Young Children with Autism
- ☐ Using Task Analysis and Visual Supports to Introduce Vocational and Adaptive Skills, From the Elementary Perspective
- ☐ Teaching Essential Skills to Survive Adolescence & Autism
- ☐ Fostering Daily Independence in Your Child using Visual Supports

Breakout Session 2 (PLEASE NUMBER 1-4 IN ORDER OF PREFERENCE)

- ☐ Making Requests: Teaching Functional Communication in Preschool
- ☐ Using Antecedent Based Intervention and Reinforcement, From the Elementary Perspective
- ☐ Social Skills to Teach before Transitioning to Adulthood
- ☐ Tell the Story of Success out in the Community using Social Narratives

Breakout Session 3 (PLEASE ORDER 1-4 IN ORDER OF PREFERENCE)

- ☐ Panel Discussion – Essential Skills at the Preschool Level
- ☐ Panel Discussion – Essential Skills at the Elementary Level
- ☐ Panel Discussion – Essential Skills at the Secondary Level

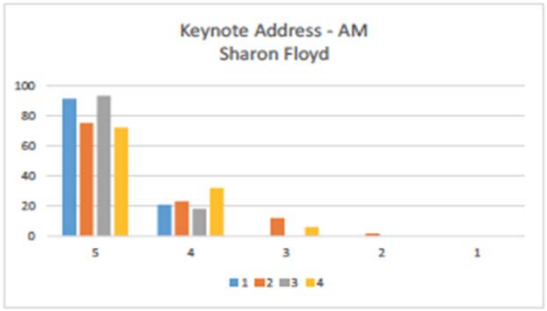
We had 200 participants …and a wait list

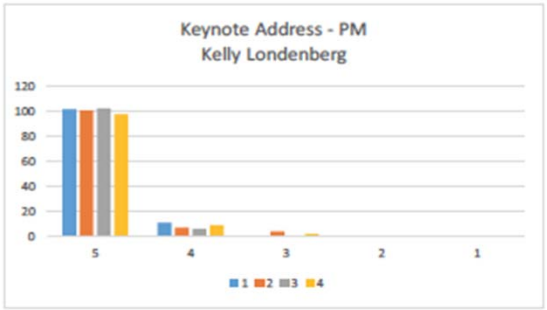
Morning Keynote Speaker: Sharon Floyd (CAPTAIN Leader)

Afternoon Keynote Speaker: Kelly Londenberg (Adult with Autism)

Keynote Talks Evaluation Results

REGION 10 AND CAPTAIN X 2ND ANNUAL REGIONAL AUTISM CONFERENCE
April 19, 2016
KEYNOTE ADDRESS
EVALUATION RESULTS

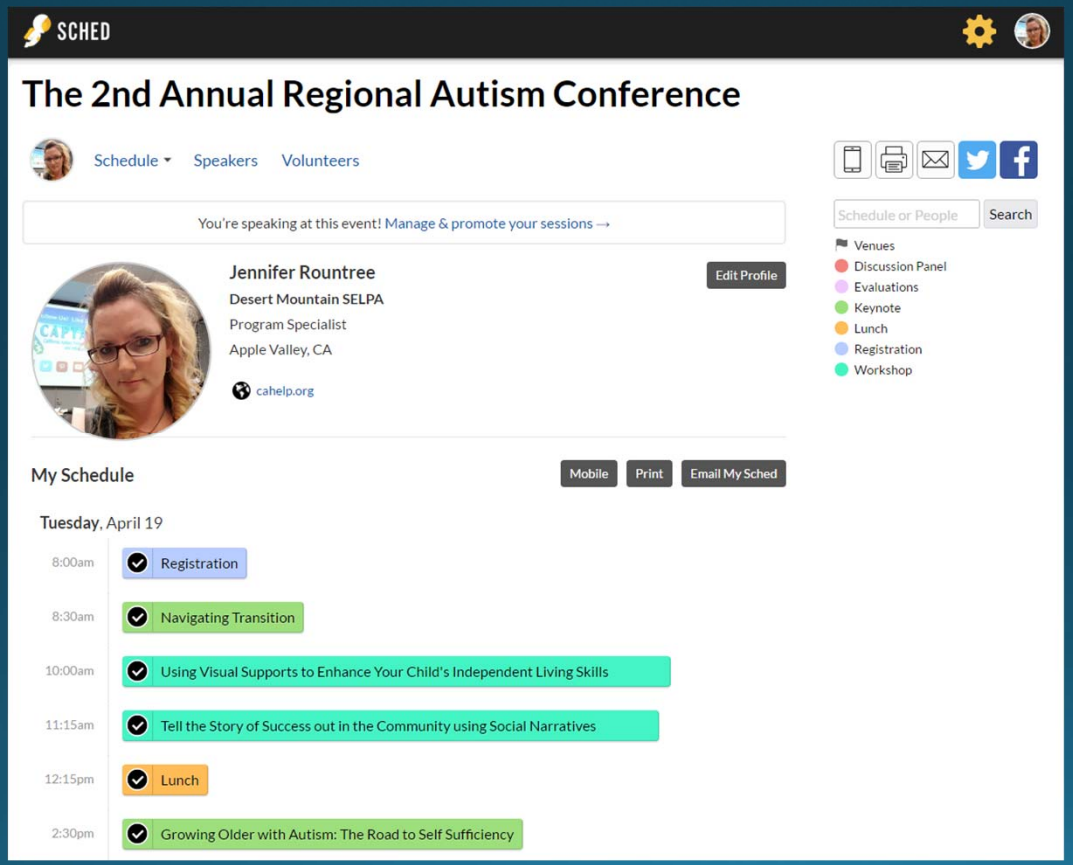




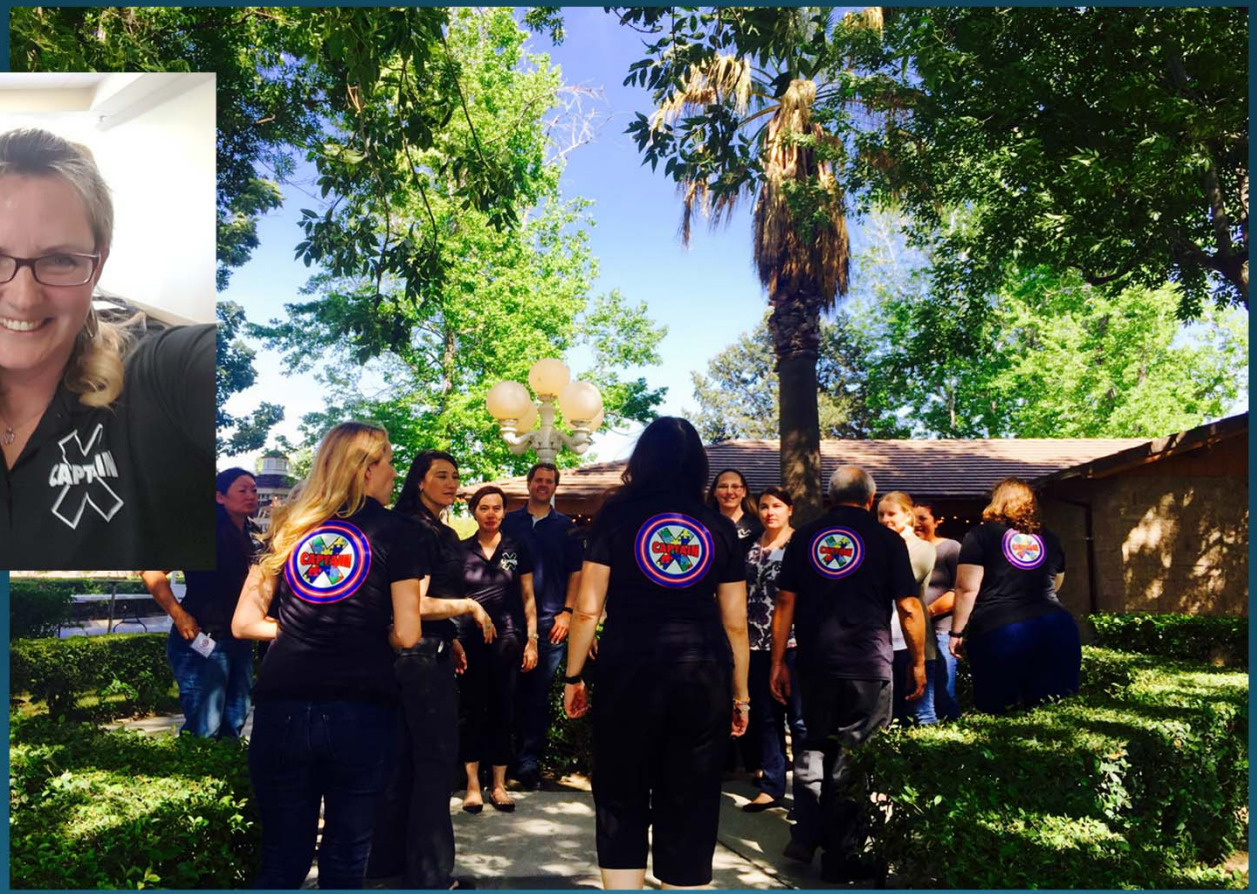
1. The keynote session was relevant and useful.
2. I can put what I learned to immediate use.
3. Overall, the keynote speaker was knowledgeable.
4. The topic covered was relevant to my position.

Resource Booths

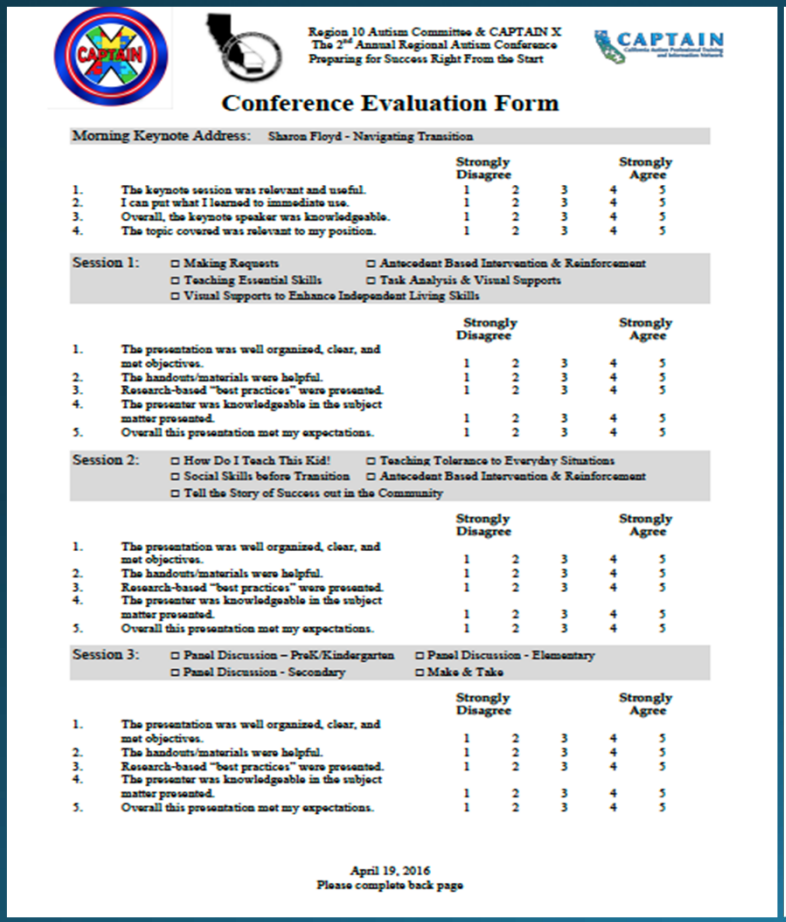
Our Conference App



Our CAPTAIN X t-shirts



Conference Evaluation Forms



Region 10 Autism Committee & CAPTAIN X
The 2nd Annual Regional Autism Conference
Preparing for Success Right From the Start

Conference Evaluation Form

Morning Keynote Address: Sharon Floyd - Navigating Transition

		Strongly Disagree				Strongly Agree
1.	The keynote session was relevant and useful.	1	2	3	4	5
2.	I can put what I learned to immediate use.	1	2	3	4	5
3.	Overall, the keynote speaker was knowledgeable.	1	2	3	4	5
4.	The topic covered was relevant to my position.	1	2	3	4	5

Session 1:
- ☐ Making Requests
- ☐ Antecedent Based Intervention & Reinforcement
- ☐ Teaching Essential Skills
- ☐ Task Analysis & Visual Supports
- ☐ Visual Supports to Enhance Independent Living Skills

		Strongly Disagree				Strongly Agree
1.	The presentation was well organized, clear, and met objectives.	1	2	3	4	5
2.	The handouts/materials were helpful.	1	2	3	4	5
3.	Research-based "best practices" were presented.	1	2	3	4	5
4.	The presenter was knowledgeable in the subject matter presented.	1	2	3	4	5
5.	Overall this presentation met my expectations.	1	2	3	4	5

Session 2:
- ☐ How Do I Teach This Kid!
- ☐ Teaching Tolerance to Everyday Situations
- ☐ Social Skills before Transition
- ☐ Antecedent Based Intervention & Reinforcement
- ☐ Tell the Story of Success out in the Community

		Strongly Disagree				Strongly Agree
1.	The presentation was well organized, clear, and met objectives.	1	2	3	4	5
2.	The handouts/materials were helpful.	1	2	3	4	5
3.	Research-based "best practices" were presented.	1	2	3	4	5
4.	The presenter was knowledgeable in the subject matter presented.	1	2	3	4	5
5.	Overall this presentation met my expectations.	1	2	3	4	5

Session 3:
- ☐ Panel Discussion – PreK/Kindergarten
- ☐ Panel Discussion - Elementary
- ☐ Panel Discussion - Secondary
- ☐ Make & Take

		Strongly Disagree				Strongly Agree
1.	The presentation was well organized, clear, and met objectives.	1	2	3	4	5
2.	The handouts/materials were helpful.	1	2	3	4	5
3.	Research-based "best practices" were presented.	1	2	3	4	5
4.	The presenter was knowledgeable in the subject matter presented.	1	2	3	4	5
5.	Overall this presentation met my expectations.	1	2	3	4	5

April 19, 2016
Please complete back page

Afternoon Keynote Address: Kelly Londenberg – Growing Older with Autism: The Road to Self-Sufficiency

		Strongly Disagree				Strongly Agree
1.	The keynote session was relevant and useful.	1	2	3	4	5
2.	I can put what I learned to immediate use.	1	2	3	4	5
3.	Overall, the keynote speaker was knowledgeable.	1	2	3	4	5
4.	The topic covered was relevant to my position.	1	2	3	4	5

Overall Conference Evaluation

		Strongly Disagree				Strongly Agree
1.	Overall, the conference met my expectations.	1	2	3	4	5
2.	I plan to attend this event when held next year.	1	2	3	4	5
4.	The booths provided information that was beneficial.	1	2	3	4	5
5.	Overall, the accommodations and services met my expectations.	1	2	3	4	5

Additional Comments/Suggestions: _____

Evidence-Based Practices for Autism

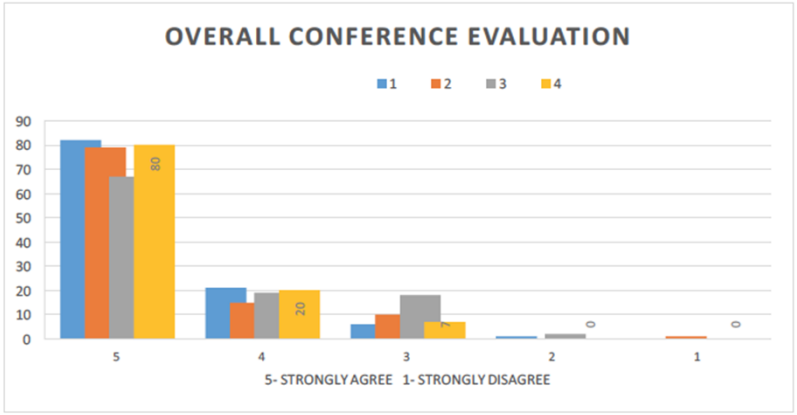
Please select your top 3 choices for future trainings

- ☐ Antecedent Based Intervention
- ☐ Cognitive Behavioral Intervention
- ☐ Differential Reinforcement of Alternative, Incompatible, or Other Behavior
- ☐ Discrete Trial Teaching
- ☐ Exercise
- ☐ Extinction
- ☐ Functional Behavior Assessment
- ☐ Functional Communication Training
- ☐ Modeling
- ☐ Naturalistic Intervention
- ☐ Parent-Implemented Intervention
- ☐ Peer Mediated Instruction and Intervention
- ☐ Picture Exchange Communication System
- ☐ Pivotal Response Training
- ☐ Prompting
- ☐ Reinforcement
- ☐ Response Interruption/Redirection
- ☐ Scripting
- ☐ Self-Management
- ☐ Social Narratives
- ☐ Social Skills Training
- ☐ Structured Play Group
- ☐ Task Analysis
- ☐ Technology-Aided Instruction Intervention
- ☐ Time Delay
- ☐ Video Modeling
- ☐ Visual Support

April 19, 2016

Conference Evaluation Results

REGION 10 AND CAPTAIN X
2ND ANNUAL REGIONAL AUTISM CONFERENCE
APRIL 19, 2016



Legend:

1. Overall, the conference met my expectations.
2. I plan to attend this event when held next year.
3. The booths provided information that was beneficial.
4. Overall, the accommodations and services met my expectations

CAPTAIN X monthly meetings

Follow us:

Username: captain_x

Thank you from CAPTAIN X!